

QR
code



Instructions for use

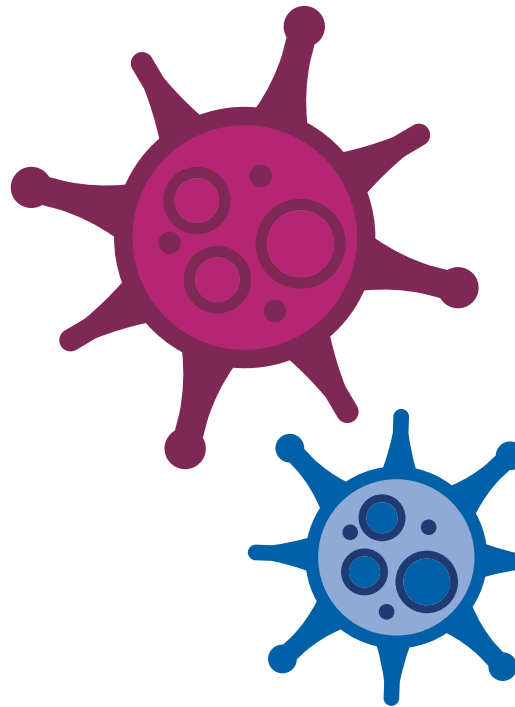
Saliva collection kit

Your step by step guide

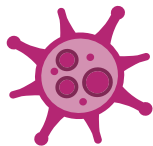
This guide contains information on how to safely package your sample for transportation and subsequent examination in a laboratory.

There is additional guidance available via www.uhs.nhs.uk/salivacollectionkit. This includes demonstration videos, instructions in alternative languages and further support.

Read this guide carefully before providing your sample. Failure to follow these instructions may result in your sample not being tested and you may not receive a result.



About the kit



This kit is suitable for use by:

Adults aged 18+	Self-sample, with assistance if needed.
Adolescents aged 11-17	Self-sample, with adult supervision if needed.
Children under 11	Sample must be provided with adult supervision.

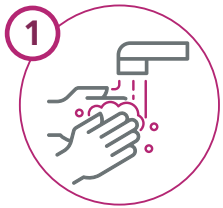
Do

- ✓ Provide your sample as soon as possible after you wake up.
- ✓ Store the saliva testing kit at room temperature (4°C to 25°C).
- ✓ Return your test as soon as possible, ideally within a few hours of taking it, and certainly within 12 hours.

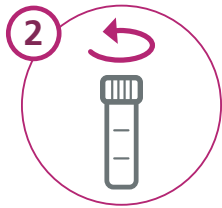
Don't

- ✗ Have anything to eat, drink, brush your teeth or use a mouthwash before providing your sample.
- ✗ Store your saliva collection kit or completed samples in a fridge or freezer.
- ✗ Store your saliva collection kit or completed samples near direct heat or in direct sunlight.

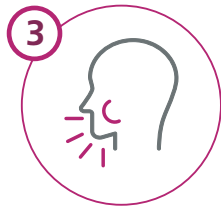
How to provide your saliva sample:



Wash your hands with soap and water for **20 seconds**, then rinse and dry them.



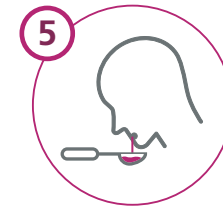
Unscrew the lid on the tube and place it upside down on a clean, dry, secure surface. It will be used to seal the sample.



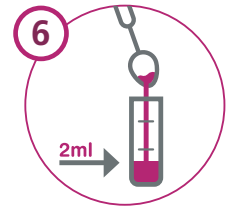
To help you create enough saliva, imagine you are eating and move your mouth as if you are chewing.



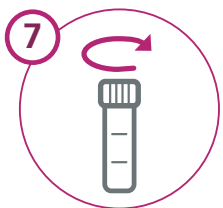
Tilt your head forward to allow your saliva to collect in the front of your mouth.



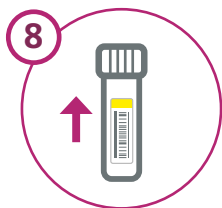
Spit onto a clean teaspoon. At least half a teaspoon of saliva (**about 2ml**) is needed to do the test. If it contains **blood** or **food**, please take another sample.



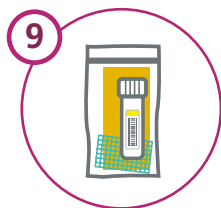
Carefully pour the saliva from the teaspoon into the tube.



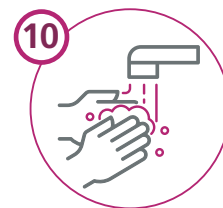
Screw the lid back on to the tube, until it stops. **Do not over tighten** and take care to make sure it fits properly.



Apply your unique barcode label **lengthways** on top of the guide label, **directly on the tube**. This allows us to identify who the sample belongs to. Make sure the outside of the tube is completely dry.



Place the sample tube inside the smaller **inner bag**. Add a yellow leak detector strip and an absorbent swab. Only touch the edge and **do not damage or soil** the strip. Close the zip-lock mechanism.



Wash your hands and the teaspoon with soap and water for 20 seconds, then rinse and dry.



Securely place the inner bag containing the tube, yellow leak detector strip and absorbent swab in the **larger outer bag**. Close the zip-lock mechanism.



Do not be concerned if your leak detector strip has changed shade after you have sealed your sample. Return your sample to the agreed drop off point.

Important: Failure to follow these instructions may result in your sample not being tested and you may not receive a result.

Tip: When sealing the inner and outer bags, carefully work along the length of the zip-lock mechanism to ensure an **air-tight** seal.

Top reasons why you may not get a result:

- The barcode label was not applied directly to the sample tube.
- The barcode label was not applied lengthways (vertically, as indicated by the guide label).
- There was insufficient saliva in the sample tube (about 2ml is required).

Kit contents

Check the test kit contents. Make sure nothing is damaged or broken. Inside of your saliva collection kit, you should have:

Items	1 item pack	2 item pack	4 item pack	8 item pack
Product code	SCK.1	SCK.2	SCK.4	SCK.8
30ml tube	1	2	4	8
Absorbent swab	1	2	4	8
Plastic zip-lock inner bag	1	2	4	8
Plastic zip-lock outer bag	1	2	4	8
Leak detector strip	1	2	4	8
Instructions for use	1	1	1	1


Warning: Please keep the contents away from children aged under 11.

You will also need:


- Adhesive barcode label(s) – these will be provided separately
- Clean teaspoon – for collecting your saliva
- Soap, warm water and a towel

Something damaged, broken or missing?


If you notice anything is damaged, broken, missing or difficult to use in the kit, do not use it. If you wish to provide feedback on this, please visit www.uhs.nhs.uk/salivacollectionkit


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Index of symbols


 Compliant with European Community standards


 Store at 4 - 25°C

 Lot number


 Keep away from sunlight


 Catalogue number


 Keep dry


 Expiry date

 Consult instructions for use

 Manufacturer

 In vitro diagnostic medical device

 Do not re-use

 Do not use the product when the packaging is damaged